

# A Spiritual Mind Treatment in Free Verse

by Frank L. Henninger

There is a truth  
That is beyond all facts  
Beyond conditions and appearances  
That is whole and complete  
Timeless and eternal  
Immanent and transcendent  
The primary cause of,  
and stuff of,  
all that is  
And that truth is-  
there is only One  
And it is all good and all love

And this truth sheds its light everywhere  
At all times and beyond all time  
Expressing itself as all objects and beings  
Making us all one with itself and everything else  
All at once  
All the time  
In an infinite variety of ways  
Forever expanding  
Creating all as unique points of its presence and love

Making me a unique point of this expression  
And you and them and all others,  
Our animal and plant friends  
And rivers and streams  
Mountains and valleys  
Planets and moons  
And everything seen and unseen  
All expressions of this one, this truth, this marvelous "it"  
The thing itself  
The true nature of reality

This everywhere-present One  
The Source of all Good, all Form,  
All Inspiration and all Life  
Celebrates Itself in love and abundance  
So that all its expressions never want or fear  
Aware of the Christ within  
Their Buddha nature  
Free of all limitation  
Unfolding according to the action of  
A Law of Mind  
In Divine Order  
With all Power and Will  
Spirit becoming Form  
As thought creates and expresses  
And desire reveals the truth of abundance

There is no evil  
There is no matter  
There is no absence of life, substance or intelligence  
There is nothing to hate  
And no sickness, sin or death

Thanksgiving and blessings  
For this truth  
That is experienced by all  
From each, for all  
In perfect affirmation  
And flawless manifestation

May all beings be peaceful  
May all be happy and safe  
Comforted, and filled with joy  
May all awaken to the truth,  
    To the light of their nature  
May all beings be free  
And may each and every life unfold  
In perfect love and joy and harmony  
According to the Law of Mind  
Now and forever more  
Released into blessed fulfillment  
And now it is so